



Study Promoting Alcohol Drinking During Pregnancy Criticized

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According to a new British study, pregnant women can drink at least two drinks in a week and there will be no harmful effect on the babies too.

For the study, 11,000 five-year-old children were examined. These children were born to those women who drank 'little' alcohol during pregnancy. It was found that the development of these children was absolutely normal and they didn't suffer from any poor behavioural or intellectual growth.

The researchers found that the children born to those women who drank heavily were more susceptible to develop hyperactive, behavioural and emotional problems.

The study findings have been published in the Journal of Epidemiology and Community Health.

As per the study rules, light drinking was limited to 175 ml of wine per week or 50 ml of spirit or just below a pint of beer. Those who were moderate pregnant drinkers consumed around six drinks a week or five drinks at one time and the heavy drinkers took more than the prescribed amount.

The study is being criticised by many and the researchers are describing the issue as 'highly politically and morally charged'.

As per the Government's guidelines, pregnant women or those who are trying to conceive should steer clear of alcohol. Drinking too much of alcohol can lead to fetal alcohol syndrome.